what is on your doorstep!

Walking is beneficial for both your physical and mental health, so take the time to enjoy

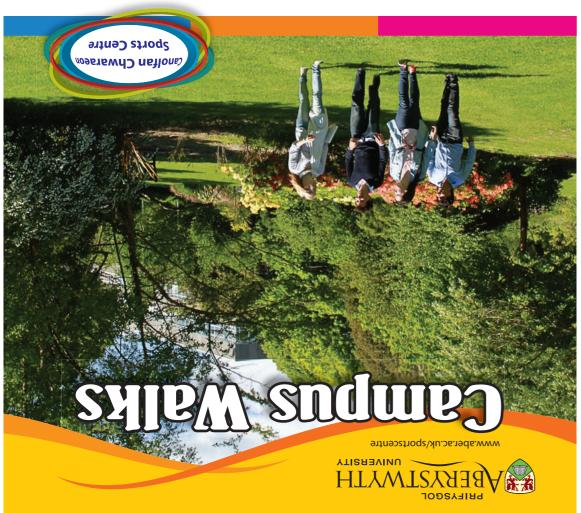
points or chance for a comfort break are indicated with this symbol 🥯 uneven surfaces which may become muddy, so take care with your footwear. Refreshment

the posts. Although many of the pathways are on road or pavement, some are on grass and and finish at the Sports Centre, although you will be able to follow the paths from any of country the tree has come from, and what the wood might be used for. The walks all start There are also 2 information boards situated on the walk to give more detail as to which

listed in the a separate tree leaflet to identify the tree. out for the small green tags on the trees which have a number on it. You can find the numbers This symbol 🌉 indicates that there are marked trees on the path that you are taking. Look

the rare trees that are planted here. The walks are 20, 30 and 40 minutes long. Situated on the main campus, we have highlighted for you three walks that take in some of

ALEW SONI WARRAND AND AND ON SMOOTH



Walk One-Green Oak Walk • 20 Minutes

- From post 001 outside the Sports Centre 💝 turn left (if you are facing the Astro Pitch) and walk underneath the fire escape stairwell and follow the pavement around.
- Keep left 飂 and walk through the car park you will see the pathway at the bottom
- Follow the path down 🎏 until you get to Pantycelyn 🥯 car park. Keep right and either cross through the top car park – formally known as Willow Avenue, or walk on the lower path and then follow the path around to the steps on the right hand side.
- Turn right onto the path and continue until you get to a grassy area on your right hand side. This grassy area forms a large part of where many of the unusual trees are planted. Please stay to the right and walk all the way around.
- There is a small information panel at the top of the grassed area that will indicate where each of the trees is situated, and further details about country of origin.
- There is a second grassed area, to the right, with many interesting trees that you might like to visit. This area is dedicated to two previous grounds men of the University, and is a lovely quiet place to sit and eat your lunch. Once you have left this area, leave at the top left hand corner and walk through the car park at the back of Cledwyn, and turn right and follow the road between Cledwyn and the Visualisation Centre.
- Turn right onto the pathway and continue until you reach the Edward Llwyd building on your right hand side. Cross the road carefully and stay on the right hand side. Take the second right gap (not the one with the gate) and start to walk through the car parking area towards the trees. You should be able to see the path straight in
- You will walk through the wooded area 🎏 directly opposite the Sports Centre and then bear right as you get to a steep hill/grassed area - The Department of Sport and Exercise Science will be on your right. Keep right
- Turn right and follow the pathway and cross the road by the cage. 🚒 Follow the pavement back to the Sports Centre.
- This is a moderate walk and will take about 15 20 minutes to complete one circuit.

Walk Two-Blue Spruce Walk • 30 Minutes

- From post 001 outside the Sports Centre turn right (if you are facing the Astro Pitch) and follow the pavement to the Cage.
- Cross the road carefully 🗱 and follow the pathway to the left.
- Cross in front of the Department of Sport and Exercise Science and keep left.

Walk Three confined overleaf...

(\$\text{\$\pi}\$) turn right and follow the steps down onto the concourse.

- past Department of Theatre, Film and TV. Keep going until you reach the Arts Centre Follow the path between the buildings again, and cross the road, and head back towards the footbridge. Cross over.
- left turn to get to the bridge. You should be walking back up the steep concrete path Once you reach Penglais hill, turn left and head back towards the footbridge. Take a
- well as the main University greenhouses on your left hand side. your right hand side. There are many interesting trees 🌉 to see on this pathway, as
- Follow the path down and then turn left onto the tarmac road the Plas will be on definitely worth a visit - particularly in May when the bluebells are in bloom. given to the town and was the first UNESCO Man and Biosphere urban reserve. It is Parc Penglais. Originally owned by the University, this enchanting forest area was
- If you turn right here you can walk off campus and through the Nature Reserve of the path.
- Walk past the farmhouse on your right, and bear left. Turn left at the bottom of left junction and walk through the metal gate and down towards the forest path.
- Once you reach a car parking area, turn right up a short hill, and turn at the second
- at the bottom, and take the left hand path, walking between the houses on Pentre Cross over the bridge and then turn left down a steep concrete path 🚒, turn right
- residential blocks the bridge over the road is just around the corner. As the road bears right, you will need to cross over and walk between two sets of Film and TV will be front of you, turn left.
- Follow the path up the hill and cross the road at the top. The Department of Theatre, .🥪 ६Q bəM ६T
- Cross the road, slightly towards your right, head past reception and towards
- 3D Visualisation Department is on your left. Follow the path until you get to the past Edward Llwyd and Cledwyn Building. Cross the road and keep walking, the Cross the road and then keep to the pathway on the left hand side 🚒 Walk
- you get to the road junction. Pitch) and walk underneath the fire escape stairwell and follow the pavement until From post 001 outside the Sports Centre 💚 turn left (if you are facing the Astro

Walk Three-Red Strawberry Tree Walk • 40-45 Minutes

- If you keep left on the grassy area, you will come across some unusual trees \(\bigsige there is a notice board near by that will tell you country of origin, and use of wood. If you do not want to walk on the grassed area, please keep to the concrete path.
- As you get to the top of the hill, keep left and enter the car park to Department of International Politics.
- Keep to the left, and cross through the car park and climb the steps that are in the top right hand corner of the car park. This will bring you back to the main road, opposite the entrance to the Arts Centre \sime_.
- Cross the road at the zebra crossing, and climb the steps in front of you towards the Arts Centre. Bear right towards the Students Union building 💝 which is called "Y Uneb/The Union".
- You will need to turn left before the Union building and climb a few more steps, then bear right.
- At the end of the Students Union building, you will need to cross the road and head towards the Creative Units. Brynamlwg Staff Social Club is straight in front of you Sear left across the car park towards the footpath.
- Keep on this footpath 🚒 until you come to a cross section of paths. Take the one diagonally in front of you and walk between the halls of residences and bear left until you come to a small car park. Turn left and follow the path - the Department of Theatre, Film and TV will be on your right.
- Turn left as you reach the road and follow the pathway towards the Arts Centre 🥯, walk down the steps between the Arts Centre and Hugh Owen Library until you reach the concourse.
- Take the steps back down, then cross the road and carry on taking the steps down past the Department of International Politics (on your left).
- At the bottom of the steps, turn right.
- Cross at the next junction, and follow the road down to the left towards the 3D Visualisation Centre.
- Take the road between the 3D Centre and Cledwyn building (with agricultural frieze on it) and bear right as you enter the car park and follow the path towards
- Turn left at the bottom of the steps and head towards the path on the left hand side.
- Follow the path 🎏 until you get to the car park. Cross the car park and return back to the Sports Centre 🥯.

